

Druk Path trek Programme for 6N/7D

Day 1, Bangkok-Paro

Paro (alt. 2200m/7218ft) - The beautiful valley of Paro encapsulates within itself a rich culture, scenic beauty and hundreds of myths and legends. It is home to many of Bhutan's oldest temples and monasteries, National Museum and country's only airport. The flight to Paro is considered one of the most spectacular flight experiences in the world. While flying in and out of Bhutan, one can see Mt. Everest, Kanchenjunga, Makula, and other high peaks such as Jumolhari, Jichu Drakey, and Tsrin Gang.



A representative from **Kidh-Chong Travels** will receive you at the airport.

After lunch, visit following places in Paro:

- 1) **Paro Taa Dzong (museum)**
At the top of the hill above Paro Ringpung Dzong is an old Watchtower which was built in 17th century to watch over the Paro Ringpung Dzong and now turned into national museum of Bhutan.
- 2) **Paro Ringpong Dzong (fortress)**
Beautiful fortress of Paro District dates back to 17th century which was built under the order of Zhabdrung Ngawang Namgyel (founder of country Bhutan). The fort was used on numerous occasions to defend the Paro valley from Tibet invasions.

Leisure time in Paro town and visit Bhutanese authentic souvenir shops. Paro town consist of older traditional house structures compared to Thimphu capital city and more of agriculture fields.

1) **Paro Kyichu Lhakhang (temple)**

Dates back to 7th century, built by Songtshen Gyongpo who is said to be the first great Tibetan Buddhist King. The two great renowned 7th century temple built by Songtshen Gyongpo can be found in Bhutan, Jambay Lhakhang in Bumthang (towards central part of Bhutan) and another one in Paro Kyichu Lhakhang.

Overnight in Paro

Day 2, Paro to Jele Dzong (Druk Path Trek)

Breakfast in Hotel

From the Museum (Taa Dzong) starts the way passing through Taschhugang area where you will come around with many farmhouses and fenced apple orchards. After 1 hour or so of steady climbing there will be nice view of Paro valley. View above is Jele Dzong located on top of the ridge.

Timing: 4- 5 hours

Distance: 5.5 miles/ 9 km

Altitude: 3500m

After reaching Camp site below Jele Dzong hot tea or coffee will be served in Dining room.

Trekking staffs will be busy preparing dinner and hot water for bath and wash.

Overnight at camp.

Day 3, Jele Dzong to Tshokam

Breakfast in camp.

Leaving the Dzong walk north for about 10 min on the ridge for beautiful view, before disappearing into forest. Walk to Tshokam is through pine forest with different vegetation and views of Paro valley and Dagala range (another trekking area).

Time: 4-5 hours

Distance: 5.5 miles/ 9 km

Altitude: 4010m

After reaching Camp site below Jele Dzong hot tea or coffee will be served in Dining room.

Trekking staffs will be busy preparing dinner and hot water for bath and wash.

Overnight at camp.

Day 4, Tshokam to Jimilang Tsho

Breakfast at campsite

Once again we proceed to in a northerly direction most of the day and if weather permits we get a nice view of snowy peak and a grand view down into the valley. Looking at east will show you Jimilangtsho (lake) camp site and also some of tomorrow's route is also visible.

Climb gently for several hours to reach a small pass at about 4070m and after passing the pass there is a short decent to the camp site.

Time: 6-7 hours

Distance: 6 miles/10km

Altitude: 4215m

After reaching Camp site below Jele Dzong hot tea or coffee will be served in Dining room.

Trekking staffs will be busy preparing dinner and hot water for bath and wash.

Overnight at camp.

Day 5, Jimilang Tsho to Simkotra Tsho

Breakfast at Camp.

Walk around the lake to its far (western) end. There is some steep climbing through the bushes, but later good views will open up.

Time: 3 to 4 hours

Distance: 4.5 miles/ 7km

Altitude: 4200m

After reaching Camp site below Jele Dzong hot tea or coffee will be served in Dining room.

Trekking staffs will be busy preparing dinner and hot water for bath and wash.

Overnight at camp.

Day 6, Simkotra Tsho to Thimphu through Phajoding Monastery.

Breakfast at Camp.

The trail is good but there are seven minor climbs to small passes before you finally look down to Phajoding monastery and Thimphu. When climbing up pass number five, Thujedra and Gangkar Phunsum becomes visible if the weather is favorable.

Time: 6 to 7 hours

Distance: 7.5 miles/ 12 km

Altitude gain: 230m to the viewing point

Altitude loss: 1300m in Thimphu valley.

Check in hotel

Dinner at hotel

Day 7, Thimphu to Paro- Bangkok

Breakfast at Hotel.

Departure from Paro Airport

Tashi Delek.